



To be completed by TAAG staff:

School ID: _____

Form Code: **FPI** Version: **A** Series #: _____ Seq. #: _____

PHYSICAL EDUCATION INSTRUCTOR INTERVIEW
Formative Assessment Phase 2

Date: ____ / ____ / ____ School Name: _____
(mm dd yyyy)

Name of person interviewed:

Position of person interviewed:

Interviewer: The purpose of this interview is to learn more about the PE environment at your school. The information you provide will assist us in developing a program to better understand girls' involvement in physical activity. I am going to ask you a few questions and would like you to answer to the best of your knowledge. There are no right or wrong answers.

Section 1 – Physical Education Classes

1. What are the minimum PE **requirements** at your school, on average?
(circle **one** response for each grade; if required, complete section at right)

- | | | |
|--------------------------|--------------------------------------|---|
| a. 6 th grade | 1 Required _____ → | } avg # days/wk _____
avg # wks/yr _____
avg # min/wk _____ |
| | 2 Not required but <u>is</u> offered | |
| | 3 Not required and not offered | |
| b. 7 th grade | 1 Required _____ → | } avg # days/wk _____
avg # wks/yr _____
avg # min/wk _____ |
| | 2 Not required but <u>is</u> offered | |
| | 3 Not required and not offered | |
| c. 8 th grade | 1 Required _____ → | } avg # days/wk _____
avg # wks/yr _____
avg # min/wk _____ |
| | 2 Not required but <u>is</u> offered | |
| | 3 Not required and not offered | |

d. Comments: _____

2. If offered, how often can the average student in each grade enroll in PE?

	Average # days/week	Average # weeks/year	Average # periods/day	Average # minutes/period
a. 6 th grade	_____	_____	_____	_____
b. 7 th grade	_____	_____	_____	_____
c. 8 th grade	_____	_____	_____	_____
d. Comments:	_____			

3. What is the average PE class size at your school?

- a. Grade 6 _____ b. Grade 7 _____ c. Grade 8 _____

4. What is the range of class sizes for PE?

- a. Smallest class size is _____
- b. The grade of this class is: (check **all** that apply) 6 7 8
- c. Largest class size is _____
- d. The grade of this class is: (check **all** that apply) 6 7 8

5. What is the average student/teacher ratio? (e.g., 35:1) _____ : _____

6. Are PE classes: (check **all** grades that apply for each response)

- | | | | |
|----------------------|----------------------------|----------------------------|----------------------------|
| a. Co-ed | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 |
| b. Gender separate | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 |
| c. Combined grades | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 |
| d. Single grades | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 |
| e. Single instructor | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 |
| f. Team taught | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 |
| g. Other, specify: | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 |

7. If your school has gender separate classes, what percent of the girl classes are taught by women instructors? _____%

Section 2 - Physical Education Instructors

8. Please complete the following for each person teaching PE classes in your school.

Teacher	Total Years Teaching PE	Undergraduate (U) or Graduate (G) degree (circle one)	Teaching Credential with a PE emphasis (circle one; Y=Yes, N=No)	Grades Currently Teaching in PE (circle all that apply)	% Time Teaching PE Classes	Other Subjects Currently Teaching	% Time Teaching Other Subjects
A		U G	Y N	6 7 8			
B		U G	Y N	6 7 8			
C		U G	Y N	6 7 8			
D		U G	Y N	6 7 8			
E		U G	Y N	6 7 8			
F		U G	Y N	6 7 8			
G		U G	Y N	6 7 8			
H		U G	Y N	6 7 8			

9. Indicate the number of PE teachers in the PE Department that have access to each of the following items for use during the school day? (*Example: 3 out of 7*)

- a. _____ out of _____ Computer with CD-Rom drive only
- b. _____ out of _____ Computer with diskette or floppy drive only
- c. _____ out of _____ Computer with CD-Rom and diskette or floppy drive
- d. _____ out of _____ Printer
- e. _____ out of _____ Phone
- f. _____ out of _____ Email
- g. _____ out of _____ Internet/Web access
- h. _____ out of _____ Copy machine
- i. _____ out of _____ Fax machine
- j. _____ out of _____ Other, specify: _____

10. From the following list, what are the best ways for the TAAG staff to communicate with PE staff at your school? (*Please select the top 3 ways, in order of preference.*)

- a. 1st choice ____ b. Second choice ____ c. Third choice ____

- 1. Email
- 2. Fax
- 3. School Phone
- 4. Home Phone
- 5. Department Phone
- 6. Mail
- 7. Personal Visits (specify best days and times: _____)
- 8. Other, specify: _____

11. What things make you satisfied with the work you do?

12. What would make you even more satisfied with the work you do?

Section 3 – PE Teacher Lesson Information and Office Equipment Use

13. What resources and materials are currently used at your school for physical education planning? (*check **all** that apply*)

- a. District curriculum
- b. State curriculum
- c. National standards curriculum
- d. Physical Best
- e. Activity Gram/ FITNESSGRAM
- f. Other (e.g., guest speakers) (please specify _____)

14. Do most teachers in your department usually create a yearly plan for PE instruction? (*circle one*) Yes No

- a. If Yes, is the yearly plan: (*circle one*) 1 developed by the department
 2 developed individually

15. Is fitness testing part of the yearly curriculum? (*circle one*) Yes No

If No, skip next question.

If Yes, which test is used? _____

16. During which months do you conduct the fitness testing? (*check **all** that apply*)

- a. August
- b. September
- c. October
- d. November
- e. December
- f. January
- g. February
- h. March
- i. April
- j. May
- k. June
- l. July

17. For those units listed below that are taught in PE at your school, please check the appropriate column for how the units are taught – coed, boys only, girls only, or boys and girls separately. (check **all** that apply)

	Coed	Boys only	Girls only	Boys and girls separately
a. Aquatics Specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Basketball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Baseball/ Softball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Cooperative Activities / Project Adventure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Cultural Games	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Dance Specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Football	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Group Fitness Specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Gymnastics, Stunts, Tumbling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. Hockey (ice, floor, field)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k. Racquet Sports Specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l. Recreational Games	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m. Skating Specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
n. Soccer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
o. Track and Field / Cross Country	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
p. Volleyball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
q. Walking, Jogging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
r. Other Specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

18. How many teachers offer opportunities for unstructured free play during PE class? _____
- a. How often? (circle one)
 - 1 - once per month
 - 2 - two-three times per month
 - 3 - four or more times per month
19. *If gender separate classes are reported:* How do you think gender separate classes affect the class (e.g., girls want to be more active or they don't play as hard when boys aren't around)?
- _____
- _____
- _____
20. How long are the PE units at your school generally taught?
- a. _____ days per week for _____ weeks
 - b. The shortest unit is taught for _____ days per week for _____ weeks
 - c. The longest unit is taught for _____ days per week for _____ weeks
21. Indicate the number of PE classes that have access to computers with printers (in a computer lab or other similar place) which are available for use during the students' PE classes, if it were required for a lesson?

PE Class Period	Number of PE Classes with access to computers with printers: Total number of PE classes (Example: 3 out of 7)	How many computers are available each period	How accessible are the computers with printers (circle one: 1=easy, 3=difficult)		
			1	2	3
1	out of		1	2	3
2	out of		1	2	3
3	out of		1	2	3
4	out of		1	2	3
5	out of		1	2	3
6	out of		1	2	3
7	out of		1	2	3
8	out of		1	2	3

Comments: _____

22. How do PE teachers display teaching materials to the entire class when teaching indoors?
(check **all** that apply)

- a. Posters
- b. Overhead projector
- c. Slide projector
- d. Flipchart
- e. Blackboard
- f. Dry erase board
- g. Cones & signs
- h. No teaching materials used
- i. Other, specify: _____

23. How do PE teachers display teaching materials to the entire class when teaching outdoors?
(check **all** that apply)

- a. Posters
- b. Flipchart
- c. Blackboard
- d. Dry erase board
- e. Cones & signs
- f. No teaching materials used
- g. Other, specify: _____

Section 4 – About Physical Education

24. Now I am going to read a list of possible barriers or obstacles to students getting quality PE. Please check the box beside each item that **is** a barrier or obstacle to quality PE at your school. (check **all** that apply)

Barriers or obstacles	(√ if barrier exists at your school)	Comments
a. Lack of equipment and materials	<input type="checkbox"/>	
b. Lack of appropriate class sizes	<input type="checkbox"/>	
c. Lack of funding	<input type="checkbox"/>	
d. Lack of PE as a priority for students	<input type="checkbox"/>	
e. Teaching PE is not a priority over other school priorities	<input type="checkbox"/>	
f. Teaching PE is not a priority over coaching	<input type="checkbox"/>	
g. Lack of teacher in-services directly related to PE	<input type="checkbox"/>	
h. Lack of teachers' degrees specializing in PE	<input type="checkbox"/>	
i. Lack of boys' interest in PE	<input type="checkbox"/>	
j. Lack of girls' interest in PE	<input type="checkbox"/>	
k. Lack of indoor facilities	<input type="checkbox"/>	
l. Lack of outdoor facilities	<input type="checkbox"/>	
m. Lack of principal support	<input type="checkbox"/>	
n. Lack of district support	<input type="checkbox"/>	
o. Other (please specify): _____ _____	<input type="checkbox"/>	

25. Of the above, which are the 3 greatest barriers or obstacles? (list the **letter** corresponding to the above barrier)

a. _____ b. _____ c. _____

26. What is the biggest challenge for you and the PE department staff at your school to implementing new content and instructional strategies with your students?

27. Are PE staff offered PE staff development sessions? (*circle one*) Yes No
If yes: a. Do they attend the PE staff development sessions? (*circle one*) Yes No
If yes: b. How many hours per year do PE staff attend the PE staff development sessions? _____

28. Do you think PE teachers in your department would be willing to teach eight (8) physically active Health Education lessons related to increasing physical activity during their PE classes? (*circle one*) Yes No

29. Do you have any suggestions about the best way to incorporate Health Education into PE classes so it would be easier to teach in PE classes?

30. In general, are students waived from required participation in PE for any of the following reasons? (*check all that apply*)

- a. Scheduling conflicts
- b. Alternative classes are offered
- c. Injury
- d. Parental request
- e. Involved in an out-of-school sport
- f. Involved in interscholastic sport
- g. Other, please specify: _____
- h. Students are not waived from required participation in PE

31. Approximately what percentage of girls are excused from participating in PE each quarter/semester? (*if % is unknown, enter a dash*)

a. 6th grade girls _____ % b. 7th grade girls _____ % c. 8th grade girls _____ %

32. On any given day, what percentage of girls are excused from PE class? (*if % is unknown, enter a dash*)

a. 6th grade girls _____ % b. 7th grade girls _____ % c. 8th grade girls _____ %

Section 5 - Physical Education and Girls in your School

For the next set of questions, please think about the girls in your school when you answer.

33. What are the barriers to getting girls to be more active in PE class? (*check **all** that apply*)

- a. Lack of girl-friendly equipment & materials
- b. Lack of gender separate classes
- c. Lack of PE as a priority for girls
- d. Lack of teacher in-services directly related to promoting increasing activity for girls
- e. Lack of girls' interest in PE
- f. Lack of girl-friendly facilities
- g. Lack of girl-friendly curriculum
- h. Other, please specify: _____

34. In your experience, what is the best way to address these barriers?

35. What additional equipment is needed at your school to help get girls more active during PE class?

- a. _____
- b. _____
- c. _____

36. In your experience, what is the best way to get girls interested in being physically active in general (**not** just in PE class)?

37. In what ways do the PE staff members encourage girls to be physically active outside of their PE classes? (*check **all** that apply*)

- a. Verbal announcements
- b. Bulletin board of activities
- c. Providing print material directly to girls
- d. Other, please specify: _____

Thank you very much for participating in this survey. I appreciate you taking the time out of your busy day to talk with me. If you think of anything later that you would like to add to this interview, please call me at (xxx) xxx-xxxx.